

| LUNES | MARTES | MIÉRCOLES | JUEVES | VIERNES |
|----------------------------------|---|--|--|-------------------------------|
| | HATHA VINYASA 2 8:00 a 9:00 | | HATHA VINYASA 1 8:00 a 9:00 | |
| MORNING YOGA 9:30 a 10:30 | | MORNING YOGA 9:30 a 10:30 | HATHA YOGA 2 9:30 a 10:30 | MORNING YOGA 9:30 a 10:30 |
| | YOGA SUAVE 10:30 a 11:30 | YOGA MAMÁS Y BEBÉS 11:30 a 12:30 | YOGA SUAVE 10:30 a 11:30 | |
| | HATHA YOGA 2 14:15 a 15:15 | | HATHA YOGA 1 14:15 a 15:15 | |
| | YOGA EMBARAZADAS 18:00 a 19:00 | | YOGA EMBARAZADAS 18:00 a 19:00 | |
| YOGA SUAVE 18:15 a 19:15 | | HATHA YOGA 1 18:15 a 19:15 | | |
| HATHA YOGA 2 19:15 a 20:30 | HATHA YOGA 2 19:15 a 20:30 | HATHA VINYASA 1 19:15 a 20:30 | HATHA YOGA 2 19:15 a 20:30 | HATHA YOGA 1 19:15 a 20:30 |
| HATHA VINYASA 2 20:30 a 21:45 | SIVANANDA YOGA HATHA YOGA 2 20:30 a 21:45 | YIN YOGA A LA LUZ DE LAS VELAS 20:30 a 21:30 | VINYASA YOGA NIVEL ABIERTO 20:30 a 21:45 | |