

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
	HATHA VINYASA 2 8:00 a 9:00		HATHA VINYASA 2 8:00 a 9:00	
MORNING YOGA 9:30 a 10:30	YOGA CORE 9:30 a 10:30	MORNING YOGA 9:30 a 10:30	MORNING YOGA 9:30 a 10:30	MORNING YOGA 9:30 a 10:30
	YOGA SUAVE 10:30 a 11:30	YOGA MAMÁS Y BEBÉS 11:30 a 12:30	YOGA SUAVE 10:30 a 11:30	YIN YOGA 10:30 a 11:30
	HATHA YOGA 2 14:15 a 15:15		HATHA YOGA 1 14:15 a 15:15	
	YOGA EMBARAZADAS 18:00 a 19:00			
HATHA YOGA 1 18:00 a 19:15		HATHA YOGA 1 18:00 a 19:15		
HATHA YOGA 2 19:15 a 20:30	HATHA YOGA 2 19:15 a 20:30	HATHA VINYASA 1 19:15 a 20:30	HATHA YOGA 2 19:15 a 20:30	HATHA YOGA 1 19:15 a 20:30
HATHA VINYASA 2 20:30 a 21:45	HATHA YOGA 2 (SIVANANDA) 20:30 a 21:45	YIN YOGA 20:30 a 21:30	YOGA RESTAURATIVO 20:30 a 21:30	