

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
	HATHA VINYASA 8:00 a 9:00			
MORNING YOGA 9:30 a 10:30	YOGA CORE 9:30 a 10:30	MORNING YOGA 9:30 a 10:30	MORNING YOGA 9:30 a 10:30	MORNING YOGA 9:30 a 10:30
	YOGA SUAVE 10:30 a 11:30	YOGA MAMÁS Y BEBÉS 11:00 a 12:00	YOGA SUAVE 10:30 a 11:30	YIN YOGA 10:30 a 11:30
	HATHA VINYASA 14:15 a 15:15		HATHA VINYASA 14:15 a 15:15	
HATHA YOGA 1 18:00 a 19:15	YOGA EMBARAZADAS 18:00 a 19:00	HATHA YOGA 1 18:00 a 19:15		
HATHA YOGA 1 - 2 19:15 a 20:30	HATHA YOGA 1 - 2 19:15 a 20:30	HATHA VINYASA 1 19:15 a 20:30	HATHA YOGA 2 19:15 a 20:30	HATHA YOGA 1 19:15 a 20:30
HATHA VINYASA 2 20:30 a 21:45	HATHA YOGA 1 20:30 a 21:45	YIN YOGA 20:30 a 21:30	YOGA RESTAURATIVO 20:30 a 21:30	