

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
MORNING YOGA 9:30 - 10:30 h		MORNING YOGA 9:30 - 10:30 h		MORNING YOGA 9:30 - 10:30 h
YOGA PRENATAL 18:00 - 19:00 h	HATHA YOGA 1 18:00 - 19:00 h		VINYASA YOGA MULTINIVEL 18:00 - 19:00 h	
HATHA YOGA 19:15 - 20:30 h	HATHA YOGA 19:15 - 20:30 h	VINYASA YOGA MULTINIVEL 19:15 - 20:30 h	HATHA YOGA 19:15 - 20:30 h	VINYASA YOGA MULTINIVEL 19:15 - 20:30 h
HATHA YOGA 1 20:30 - 21:30 h		YIN YOGA 20:30 - 21:30 h		