

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
MORNING YOGA * 9:30 - 10:30 h	MORNING YOGA * 9:30 - 10:30 h	MORNING YOGA * 9:30 - 10:30 h	YOGA ESSENTIAL 8:00 - 9:00 h 	MORNING YOGA * 9:30 - 10:30 h
YOGA PRENATAL 18:00 - 18:55 h 			HATHA YOGA * 18:00 - 18:55 h	
HATHA YOGA * 19:00 - 19:55 h	HATHA YOGA * 19:00 - 19:55 h 	VINYASA YOGA * 19:00 - 19:55 h	HATHA YOGA * 19:00 - 19:55 h 	VINYASA YOGA * 19:00 - 19:55 h
HATHA YOGA 1 20:05 - 21:00 h	YOGA TIBETANO 20:05 - 21:00 h 	YIN YOGA 20:05 - 21:00 h		

**Clases multinivel para todos*