

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
MORNING YOGA * 9:30 - 10:30 h	MORNING YOGA * 9:30 - 10:30 h	MORNING YOGA * 9:30 - 10:30 h	ASHTANGA YOGA 8:00 - 9:00 h	MORNING YOGA * 9:30 - 10:30 h
			HATHA YOGA * 18:00 - 18:55 h	
HATHA YOGA * 19:00 - 20:10 h	HATHA YOGA * 19:00 - 20:10 h	VINYASA YOGA * 19:00 - 20:10 h	HATHA YOGA * 19:00 - 20:10 h	VINYASA YOGA * 19:00 - 20:10 h
HATHA YOGA 1 20:15 - 21:30 h	YOGA TIBETANO 20:05 - 21:00 h	YIN YOGA 20:15 - 21:30 h		

**Clases multinivel para todos*