

HORA	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
8:00 - 9:00h				MORNING	
9:30 - 10:30h	HATHA VINYASA	HATHA	HATHA VINYASA	HATHA	HATHA
14:15 - 15:45h				HATHA VINYASA	
17:45- 18:45h	YOGA PRENATAL				
18:00 - 18:55h				HATHA I	
19:00 - 20:10h	HATHA VINYASA	HATHA	HATHA	HATHA VINYASA	HATHA VINYASA
20:15 - 21:30h	HATHA I	YIN	HATHA VINYASA	YIN	